

President: Anna Krasno, Ph.D.

President-Elect: Annika Okamoto, Ph.D. Treasurer: Darren Del Castillo, Ph.D.

Secretary: Avery Voos, Ph.D.

LAN Representative: Dean Given, Ph.D. Student Representative: Amanda Clapp Past President: Christina Donaldson, Ph.D.

Santa Barbara County Psychological Association Board Of Directors Meeting Minutes

Regular Board Meeting via Zoom

September 12, 2022 8:15AM to 9:30AM

Agenda Item 1: Call to Order and Review of Minutes

- Attendance and evaluation of quorum
- 8:17 am meeting called to order. Attendance: Anna Krasno, Pati Montojo, Avery Voos, Brooke Sears, Lindsey Duca, Annika Okamoto, Christina Donaldson, Karen Lehman, Paula Strauss, Alyson Huneycutt, and Student Representative Amanda Clapp.
 - Review of June 2022 Minutes: Motion to approve: Anna Second: Amanda Clapp. Motion to approve July 2022 minutes passed.

Agenda Item 2: President's Report

- Provided space for a local collaboration from SBCPA members: Guest Cecile Lyons, Ph.D. and Betsy Bates-Freed, Ph.D.
 - Discussed organization of symposium based on Roe v. Wade created by SBCPA members (October 1, 2022)
 - Discussed pragmatic need for SBCPA to provide conduit for registration and payment for the conference through the SBCPA website, discussed the benefit to SBCPA from collaboration if SBCPA were a sponsor.
 - Discussed desire to offer for SBCPA members who want to be involved to do so
- Budget discussion
 - As discussed in July 2022, there are more expenses than revenue which means the budget is not balanced
 - Pieces to consider: coming out of pandemic and more in person events which are increased costs, paying CE presenters, DEI budget, website expense

- Dr. Anna Krasno is proposing to increase membership rates as there has not been an increase in rates in many years. Reviewed rates for other chapters- which are varied.
- Proposed to increase associate, licensed and newly member rate, leaving senior and student (Associate \$80, licensed, \$160, newly licensed member \$100)
 - If we made this change, we would make up for the the discrepancy in budget
 - Dr. Paula Strauss offered to pro
 - Dr. Anna makes motion to increase membership rates as the following: Associate member to \$80, licensed member to \$160, newly licensed member to \$100, with senior member remaining free and student member remain at \$40. Dr. Avery Voos seconded motion. No further discussion. All in favor. Motion passed.
 - Discussed desire to provide information about the increase to members.
 - Dr. Anna Krasno to circle back to treasurer to finalize.

Agenda Item 3: President-Elect's Report

None

Agenda Item 4: Past President's Report

- Put out the question to membership to see if we can advocate for students SBCPA members at Pacifica.
 - Student representative to reach out to SBCPA Pacifica members.

Agenda Item 5: Treasurer's Report

None

Agenda Item 6: Secretary's Report

None

Agenda Item 7: Student Representative's Report

None

Agenda Item 8: Continuing Education Committee's Report

- Dr. Brooke Sears provided overview of upcoming CE events.
- Sept 23: Salon Event: Human Trafficking in SB & Ventura Counties (SB Human Trafficking Taskforce presenters, co-host with VCPA)
- Dec 2: Salon Event: Decolonizing the Therapy Room (Susana Lopez, PhD, co-host with VCPA)
- Nov/Dec: Possible co-host with VCPA
 – Understanding Gender in the Modern World (VCPA organizing speaker from SFBA)
- Jan 2023: DBT topic with Angela Vigna
- Brought topic to consider about systematic approach to compensation for speakers for longer CE events (3+ units):



- Would like to consider compensation in a more consistent way. Consideration of a per participant fee.
 - Dr. Karen Lehman provided support for this as a previous CE chair.
 - Discussed benefits of keeping CE events virtual and think of social events as separate entities.
 - Dr. Lindsey Duca discussed research on different chapters on participant fees.
 - Dr. Anna Krasno to put out the question about hourly rates paid to presenters.
- Discussed what this would look like for a hypothetical 6 Hour CE Even.

Agenda Item 9: Disaster Response Committee's Report

 Dr. Karen Lehman mentioned that county ARP is moving forward smoothly with many CWT partners involved.

Agenda Item 10: Media & Public Relations Committee's Report

None

Agenda Item 11: Membership Committee's Report

- Dr. Paula Strauss provided poll to members about mentorship program. Of those emails,
 91 were opened and 24 clicked, with 14 responses. 11 said they were interested in becoming mentors.
 - o Will send out reminder to members.
- Meeting with Dr. Megan Donahue to discuss membership drive.

Agenda Item 12: Local Advocacy Network Committee's Report

None.

Agenda Item 13: Social Committee's Report

- Dr. Megan Donahue not present. Provided the following update:
 - Planning a fall outdoor event that is family friendly

Agenda Item 14: Ethics Committee's Report

None

Agenda Item 15: Website Committee's Report

- Dr. Megan Donahue not present. Provided the following update:
 - Two quotes from different companies came in at \$4500; one firm willing to lower the scope of work to fit within the \$2500 budget already approved. This company works within Wild Apricot— we would not add word press with this option.
 - Additional funds would be needed for the current vendor Design Spinners.

Agenda Item 16: DEI Committee's Report

- Dr. Pati Montojo provided update.
- DEI Committee met on 8/22 and determined that we need to contact MBPA again for more details regarding the student equity award.
- We received the following materials from MBPA:
 - Linear steps to take to create award (very detailed)
 - Student Equity Award Proposal
 - Equity Award Application
 - Equity Award Announcement to Member
 - Announcement of Equity Awardees
- Goal is to provide similar awards to doctoral students of color in local psychology programs, smaller scale, once budget is confirmed by board and more planning is complete among committee.

Agenda Item 17: Meeting Adjournment

Meeting adjourned at 9:23AM.