



President: Anna Krasno, Ph.D.
President-Elect: Annika Okamoto, Ph.D.
Treasurer: Darren Del Castillo, Ph.D.
Secretary: Avery Voos, Ph.D.
LAN Representative: Dean Given, Ph.D.
Student Representative: Amanda Clapp
Past President: Christina Donaldson, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Regular Board Meeting via Zoom

**May 9, 2022
8:15AM to 9:30AM**

Agenda Item 1: Call to Order and Review of Minutes

- Dr. Anna Krasno called meeting to order at 8:18AM.
- Attendance and evaluation of quorum: Drs. Anna Krasno, Avery Voos, Christina Donaldson, Lindsey Duca, Annika Okamoto, Darren Del Castillo, Paula Strauss and student representative Amanda Clapp.
- Review of April 2022 Minutes
 - Dr. Avery Voos motioned to approve, Dr. Christina Donaldson seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Ad hoc (temporary) committee formed to review the bylaws to update for DEI relevant language.
 - Suggestions for edits/changes to be presented at June Board meeting

Agenda Item 3: President-Elect's Report

- Dr. Annika Okamoto and Dr. Anna Krasno we met with SB-CAMFT president and vice president, discussed collaboration options, including information sharing about educational events and co-ordinating at least one summer social event together between SBCPA and SB-CAMFT.

Agenda Item 4: Past President's Report

- None

Agenda Item 5: Treasurer's Report

- Provided update on budget: \$32,197
- Dr. Del Castillo to check with previous treasurer about SBCPA credit card.

Agenda Item 6: Secretary's Report

- None

Agenda Item 7: Student Representative's Report

- Reached out to graduate students and discussed DEI objectives and mentorship program.
- Met with Drs. Paula Strauss and Alyson Huneycutt to discuss mentor program.
 - They have created a flyer and description of the program
 - Plan to send out a survey to membership.
- Sent invitation for social gathering next week for student members.
- Planning to contact administration at UCSB and Fielding to bring in more more students.

Agenda Item 8: Continuing Education Committee's Report

- 2 scheduled Salon events (Zoom): May 13 (Weininger), June 17 (Bosch/Escobar Walsh)
 - Ventura County would like to join.
 - Inquired about the mechanism for allowing outside members to join. How do we collect \$15 fee/half honoraria for speakers– can we do that through Wild Apricot? Or keep track of VCPA members and then ask VCPA to reimburse?
 - 2 planned events–no date yet (Lopez– Salon, Zetzer– 6 CE). Ventura County would like to co-sponsor. Will research how co-sponsorship works with CPA.
 - Inquired about how we determine speaker fee for longer CE events. Requested support on appropriate compensation for Dr. Zetzer.
 - Dr. Megan Donahue to look into reimbursement provided in the past.
- 2 tentative events–Pacific Pride, Dr. Art Martinez, Director at Chumash Center for Native Child & Family Resilience, Tribal Law & Policy Institute (more info to follow).
- Ventura County Law & Ethics CE (3 CEU)-- website is not working for registration. They are asking: *"In the interest of time, I am wondering if you can put it on your website and have your folks register there and just bring a check to cover your participants that registered"*.
 - Inquired with board if this works.
- Ventura County has 2 events in planning stages for Fall, would be happy to schedule them so they do not overlap with us and SBCPA could serve as co-sponsors. Topics are generalities at this point, in areas related to LGBTQ+ and Aging.
- Discussed VCPA's desire to have a joint social event at some point.

Agenda Item 9: Disaster Response Committee's Report

- None.



Agenda Item 10: Media & Public Relations Committee's Report

- None.

Agenda Item 11: Membership Committee's Report

- None

Agenda Item 12: Local Advocacy Network Committee's Report

- None

Agenda Item 13: Social Committee's Report

- Provided update on first in person social event held on April 30th at UCSB.
- Outreach & Community Collaborative: SBCPA invited to remain part of YourthWell; Recommended donation is \$150 for the year and agreeing for someone to be at the quarterly meetings.
 - Inquired with the board if we want to continue to participate at this cost.
 - Discussed using budget for social.
 - Dr. Christina Donaldson created a motion to allocate \$150 from the Social budget to be a partner of YouthWell. Dr. Anna Krasno seconded the motion. No discussion. All in favor. Motion passed.
 - Dr. Megan Donahue to confirm.
 - Queried to see if anyone is interested in joining the quarterly partner meetings.
 - Dr. Avery Voos volunteered to attend meetings quarterly. Dr. Christina Donaldson offered to be a back up.
 - Dr. Megan Donahue attends for her school.
- Provided offering to board member to reach out if they have ideas for social events you would be interested in SBCPA hosting this year.

Agenda Item 14: Ethics Committee's Report

- None

Agenda Item 15: Website Committee's Report

- Dr. Megan Donahue provided update on website.
 - Met with designer and brainstormed ideas that would allow main home page of website to be hosted in a more user friendly environment (Word Press) and then continue with Wild Apricot.
 - This would add \$99 to annual.

Agenda Item 16: DEI Committee's Report

- Dr. Pati Montojo not present. Dr. Anna Krasno read the following:

- In an effort to address the following core theme, “Not serving the most impacted” DEI committee member, Katie facilitated (with other DEI committee members present) a virtual SBCPA Community Conversation on Fees and Accessibility Event.
- Dr. Pati Montojo emailed Dr. Paula Strauss the wording for the poll that she will create for existing members to gauge interest in the Mentorship program. The intention is to capture in the poll (in addition to interest) whether a member who is a person of color, would they like to be paired with a Mentor/Mentee of color.
- Dr. Pati Montojo completed a blurb and will be sent out in message to members about interest in a BIPOC psychologists monthly virtual support group.
- Dr. Pati Montojo is collaborating with San Mateo County Psychological Association’s (SMCPA) co-chairs of the Diversity Inclusion Social Justice (DISJ) Committee, in addition to other DEI Chairs from other psych organizations. First meeting is on Monday 5/9.

Agenda Item 17: Meeting Adjournment

- Meeting adjourned at 9:14AM.