



President: Megan Donahue, Ph.D.
President-Elect: Katherine Olson, Ph.D.
Treasurer: Eric Nelson, Ph.D.
Secretary: Avery Voos, Ph.D.
LAN Representative: Juliet Rohde-Brown, Ph.D.
Student Representative: Oriana McGee, M.S.
Past President: Winifred Lender, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Virtual Board Meeting

**May 14, 2020
8:15AM to 9:30AM**

Agenda Item 1: Call to Order and Review of Minutes

- Call to order at at 8:19AM
- Attendance and evaluation of quorum: Drs. Megan Donahue, Avery Voos, Winifred Lender, Juliet Rohde-Brown, Karen Lehman, Anahita Holden, Eric Nelson, Anna Krasno, Kimberly Taylor, Betsy Bates Freed, Christina Donaldson, and Student Representative Oriana McGee.
- Review of April 2020 Minutes
 - Dr. Winifred Lender motioned, Dr. Eric Nelson seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Acknowledgement of COVID Task Force
- Dr. Megan Donahue reviewed plan on how to move forward with networking breakfasts, CEs, Social, Membership event in light of COVID.

Agenda Item 3: Disaster Response Committee Report

- CWT updates- calls now Monday and Wednesday mornings.
- Weekly Newsletter have been well received.
- Saturday Zoom Check-ins are moving to more focused topics. Attendance varies but has been a good time to connect and share.
 - Dr. Karen Lehman to send information about specific topics for Saturday Zoom calls to Secretary to be published in Happenings.
- Dr. Karen Lehman checked in with board members to get a sense of how clients/community are coping/being impacted.
 - Dr. Christina Donaldson brought up individuals not being aware of what "re-opening" means and struggle to balance being informative and therapeutic.

- Dr. Megan Donahue inquired about setting up a consult with public health professionals.
 - Dr. Kimberly Taylor highlighted that CPA and APA have clear guidelines for reopening.
- Dr. Juliet Rohde-Brown highlighted grief as being present for many individuals.
- Dr. Winifred Lender discussed shift to sustainability in pandemic.
- Dr. Karen Lehman discussed need to find new term for “grief.”
- Dr. Betsy Bates Freed discussed how to support strength in clients. Nurturing patience, increase tolerance for uncertainty. How to help people steady themselves, focus goals on how we want to be.
- Dr. Karen Lehman highlighted that board members can support by making videos (1-2 minutes), or offering writings on different topics.
- Dr. Christina Donaldson discussed challenges related to summer for parents as and issue to be brought up with CWT.

Agenda Item 4: President-Elect’s Report

- No report.

Agenda Item 5: Past President’s Report

- No report.

Agenda Item 6: Treasurer’s Report

- Budget update
 - Account continues to be highest it has been. There are funds to be allocated if needed.
 - Dr. Megan Donahue highlighted that 33 people signed up for CE event on Friday and confirmed with treasurer the feasibility of this financially.
 - Dr. Megan Donahue attended webinar for CE’s and how to monitor attendance.

Agenda Item 7: Secretary’s Report

- Dr. Avery Voos inquired about who can post on Happenings.
 - Dr. Kimberly Taylor referred to policies and procedures. She discussed need to have these documents easily accessible to members.

Agenda Item 8: Student Representative’s Report

- Oriana mentioned that a student member reached out to her re: posting a workshop.
 - She directed them to Dr. Christina Donaldson and Dr. Hallie D’Agruma if the event qualifies as a Salon/CE, or Dr. Avery Voos for posting in Happenings if it qualifies as a workshop/community event.

Agenda Item 9: Website Committee’s Report

- Drs. Megan Donahue and James Fortman met with the vendor, Club Express.
 - Less expensive than hiring Wild Apricot Design Specialist.
 - Dr. Megan Donahue offered to provide login for “test” website given by Club Express.
 - Dr. Karen Lehman to check out functionality.
 - Dr. Megan Donahue getting quote on pricing from Club Express and will share at next meeting.

Agenda Item 10: Continuing Education Committee’s Report



- Dr. Christina Donaldson updated that first CE event on Friday (5/15), following with CE events on June 26th and July 17th (pending approval).
- Dr. Megan Donahue confirmed that Zoom CE's go to live and interactive CE credits.

Agenda Item 11: Membership Committee Report

- Discussed possibility of switching networking breakfasts to online format. Dr. Anahita Holden offered different activities (meditation/yoga).
 - Dr. Megan Donahue discussed option of having breakfast/coffee delivered.
 - Dr. Betsy Bates Freed to take over June breakfast for Dr. Kimberly Taylor.
 - Dr. Anahita Holden to look into Dune coffee delivery for June breakfast.
- To discuss option of moving membership drive up to July/Aug for non/returning members (giving them half a year free membership in 2020) at next meeting.
- Dr. Anahita Holden ready to pick remaining membership tasks back up again in any format that is most helpful at this time!.

Agenda Item 12: Local Advocacy Network Committee Report

- Letter came through Advocacy network to provide loan forgiveness to frontline workers: <https://www.votervoice.net/APAPRACTICE/campaigns/74243/respond> Here is a link for letter to advocate for loan forgiveness for frontline health care workers, including psychologists
 - Dr. Juliet Rohde-Brown to send out as an email or to Happenings.
- Dr. Juliet Rohde-Brown created video with Asian students and can share with SBCPA if interested.
- Meet and Greet put on hold for now.
 - Lisa, from Hannah Beth's office, says wait until closer to her retirement in the fall and see how things go regarding face-to-face or online.

Agenda Item 13: Social Committee Report

- Saturday gatherings are a way to connect casually with other members socially.
- Discussion about adding more social events.
 - Dr. Juliet Rohde-Brown offered to host creative social event.

Agenda Item 14: Ethics Committee Report

- No report

Agenda Item 15: Media & Public Relations Committee Report

- No report

Agenda Item 16: Meeting Adjournment

- Meeting adjourned at 9:30AM