



President: Megan Donahue, Ph.D.
President-Elect: Katherine Olson, Ph.D.
Treasurer: Eric Nelson, Ph.D.
Secretary: Avery Voos, Ph.D.
LAN Representative: Juliet Rohde-Brown, Ph.D.
Student Representative: Oriana McGee, M.S.
Past President: Winifred Lender, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Agenda**

Regular Board Meeting
925 De la Vina St, Suite 100
March 12, 2020, 8:15AM to 9:30AM

Agenda Item 1: Call to Order and Review of Minutes

- Call to order 8:18AM
- Attendance and evaluation of quorum: Drs. Paula Strauss, Winifred Lender, Eric Nelson, Megan Donahue, Avery Voos and Student Representative Oriana McGee in person. Drs. Katherine Olson, Karen Lehman, Christina Donaldson via telehealth.
- Review of February 2020 Minutes.
 - Dr. Winifred Lender motioned, Dr. Eric Nelson seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Early Career Psychologists Special Interest Group- Introduced Dr. Paula Strauss
- Annual Board Retreat held last Friday, March 6, 2020
- Dr. Megan Donahue submitted a required chapter report to CPA that included information about current board members-- some members may be added to CPA listservs.
- Budget Allocation Request for Website Update
 - Reallocate part of LAN budget (\$2200) given cancellation of 2020 Leadership & Advocacy Event and Lobby Day scheduled in Sacramento for March 15-16
 - Estimate for website update for \$1100.
 - Dr. Megan Donahue and James Fortman proposed to meet with a web designer. Dr. Karen Lehman to support website change.
 - Dr. Winifred Lender offered support for website change
 - Dr. Kimberely Taylor had offered support when in discussion with Dr. Megan Donahue.
 - Oriana McGee - noted she will refund check back to SBCPA \$175 back from cancelled Lobby Day
 - Dr. Eric Nelson motioned for a \$2000 budget for website development and redesign with potential to be increased at a later date. Christina seconded. No discussion. All in favor. Motion passed.
- Update on COVID-19 Response & Communications

- Dr. Megan Donahue will connect with Ethics chair about any information sharing with members on telehealth.
- Dr. Megan Donahue inquired about COVID-19 task force. Drs. Megan Donahue, Christina Donaldson, Winifred Lender, Karen Lehman volunteered. Dr. Betsy Bates Freed will be asked to join.
- CoVid website resources being updated; Send to Megan Donahue and James Fortman (Website Chair)
- Dr. Megan Donahue sought information regarding CPA requirements to host CE events online. CPA responded that currently approved “live” face-to-face CE events could be held via webinar as long as requirements for “live and interactive” training met using an approved platform.
 - Need to have software to take attendance to monitor who is here and how long (Zoom has this capability); has to have capability to be interactive (Zoom has this capability)
 - Dr. Megan Donahue to email CPA to find way to have feedback/survey - possibly Google Forums.
 - Oriana McGee stated that Zoom has capability
 - Dr. Winifred Lender offered idea to discuss Zoom options. May need to set a cap for CE Events.
- Budget request for Remote Teleconferencing Subscription for upcoming board meetings, CE and Social events in lieu of social distancing recommendations
 - Zoom Pro annual membership is \$149.50; \$14.99 Monthly (Recommended by SF CPA President and used by UCSB and Antioch)
 - Encrypted not HIPAA compliant
 - Up to 100 people on Zoom
 - Oriana McGee moved to approve Zoom Pro annual membership. Dr. Winifred Lender seconded. All in favor. Motion passed.
- April Board Meeting will be held remotely on April 9, 2020 using online video conferencing
- CE Committee will determine the possibility of online CE salon’s.
- Dr. Megan Donahue proposed not holding in-person events or meetings until advised by CDC and WHO starting 3/14/20. Dr. Megan Donahue will send out an email after consulting with COVI-19 task force.
 - Dr. Winifred adopt policy for the foreseeable future to follow CDC and WHO guidelines not to hold live events. Dr. Megan Donahue seconded. All in favor. Motion passed.
- Friday 3/13/20 CE Event will move forward.

Agenda Item 3: President-Elect’s Report

Agenda Item 4: Past President’s Report

- SBCPA holding on fall Membership Drive Event date and location due to virus pandemic.

Agenda Item 5: Treasurer’s Report

- Budget Update - not reported on due to report on
- Reimbursements
- May / June Budget Approval

Agenda Item 6: Secretary’s Report

- Dr. Avery Voos included reminder of how to submit to Happenings

- Dr. Christina Donaldson as previous secretary was keeping track of CE Events.
- Dr. Megan Donahue shared that committee chair sends information on SBCPA events to secretary.
- Dr. Megan Donahue remind referral of ethics possibility. Put back on member to adjust.
- Dr. Katie Olson- put in disclaimer not include overly specific information given the small nature of our community.
- Dr. Avery Voos to add to the description at the bottom of Happenings and additional item.
- Dr. Christina Donaldson noted her experience of exercising a lot of boundaries of secretary.
- Consult with Dr. Megan Donahue if Happenings are not related to SBCPA.

Agenda Item 7: Student Representative's Report

- Will be emailing the current student list to introduce herself.
- Oriana McGee to email students whose membership has lapsed.
- To revisit student benefits and also limits of students.
- Dr. Megan Donahue working with the Membership Committee to identify a member to run the Mentor Program.
- Dr. Megan Donahue to connect Oriana McGee with Juliette Rhodes-Brown and Heidi Zetzer for Pacifica and UCSB.

Agenda Item 8: Continuing Education Committee's Report

- Friday 3/13 salon moving forward with confirmation from host and presenters
- Discussion with CPA and upcoming presenters to hold online Salon CE events

Agenda Item 9: Website Committee's Report

- Updating information regarding COVID-19
- Changed settings for some automatic administrative emails to go to necessary board member rather than default to Secretary gmail address.

Agenda Item 10: Media & Public Relations Committee Report

- No report

Agenda Item 11: Membership Committee Report

- See Past President Report

Agenda Item 12: Local Advocacy Network Committee Report

- Megan Donahue , Oriana McGee, and Juliet Rohde-Brown were planning on attending LAN conference/Lobby Day in Sacramento on March 15-16, 2020. It has been cancelled due to considerations around the COVID-19 virus.
- Drs. Karen Lehman, Betsy Bates-Freed, Winifred Lender, and Oriana Magee met after the board retreat to discuss feedback for bills for CPA. Our SBCPA feedback has been sent to CPA rep, Amanda Levy.
 - In support of CPA recommendations
 - Support CPA in no supporting Bill 1938 Mental Health
 - Leaning toward support but need more clarification Mental health services assisted outpatient treatment - **Juliette to email Bills to Avery/Megan
- Kimberley Taylor facilitated contact with Senator Hannah Beth Jackson and Betsy Bates-Freed has offered her home for a Meet and Greet. A date has been chosen for the Meet and Greet. It will take place on Friday, May 1, 2020 from 5 to 6:30pm. Notices will come out soon.
- Dr. Megan Donahue asked Juliette to send any information from Pacifica on COVID-19.

Agenda Item 13: Social Committee Report

- Postponing decisions about timing of social events pending additional information about social distancing
- Remote online options including book club being explored

Agenda Item 14: Ethics Committee Report

- No report

Agenda Item 15: Disaster Response Committee Report

- Update on CoVid19 Response, and message: to members and to public
 - Psychologists- messaging to give to client
 - Community- messaging to the community
 - Follow what comes from community wellness team, APA and CPA
 - Messaging to children from School Nurses Association
 - Dr. Megan Donahue had James provide link to APA on website
 - Dr. Megan Donahue plan to compile resources on website, Happenings have link to website. Ask board members to send
 - Zuir Institute and Marlene Mayhew TMHI online training for telehealth. Complete training and check with insurer to check if allowed and
 - Juliette offered guidelines on telehealth. Documented need for telehealth may allow- Board of Psychology update.
 - Dr. Christina Donaldson- important to talk to insurers to find out how they are going to handle telehealth. Many insurance companies will not allow it. Suggest starting with COVID-19. Highlighted that COVID-19 is the strain we are dealing with and request that we use COVID-19 consistently.

Agenda Item 16: Meeting Adjournment