



President: Megan Donahue, Ph.D.  
President-Elect: Katherine Olson, Ph.D.  
Treasurer: Eric Nelson, Ph.D.  
Secretary: Avery Voos, Ph.D.  
LAN Representative: Juliet Rohde-Brown, Ph.D.  
Student Representative: Oriana McGee, M.S.  
Past President: Winifred Lender, Ph.D.

**Santa Barbara County Psychological Association  
Board Of Directors Meeting  
Minutes**

**Regular Board Meeting**  
925 De la Vina St, Suite 100

**February 13, 2020**  
**8:15AM to 9:30AM**

**Agenda Item 1: Call to Order and Review of Minutes**

- Commenced 8:20AM
- Attendance and evaluation of quorum: Dr's Megan Donahue, Winifred Lender, Kimberley Taylor, Anahita Holden, Juliet Rhode-Brown, Anna Krasno, Katherine Olson, Eric Nelson, Karen Lehman, Hallie D'AGruma, and Avery Voos. The student representative, Oriana McGee, M.S. was also present.
- Review of December 2019 Minutes
  - Motion to approve- Winifred Lender
  - Seconded- Juliet Rhode-Brown
  - Motion passed and December minutes were passed.
- Discussion of past pattern of board emails that appear to come from the Board President being sent to other board members

**Agenda Item 2: President's Report**

- Welcome & Upcoming Board Events
- Dr. Megan Donahue reviewed information about upcoming board retreat
  - Dr. Kimberley Tylor voiced concern about privacy of setting of a public
  - Dr. Megan Donahue to possibly find new venue for retreat

**Agenda Item 3: Past President's Report**

- Review of the Installation Brunch and Legacy Awards Ceremony
  - Dr. Winifred Lender asked members to email her directly with feedback on ceremony
  - Attendance = 45 (members, guests and graduate students)

- Dr. Winifred Lender discussed changes this year: Piano player added, program on slides
  - Dr. James Fortman has slides and will put on website
  - Dr. Jordan Witt has information for press release
- Offer feedback to Dr. Winifred Lender via email re: Legacy Award winners
  - Some feedback about condensing
  - May need to update criteria
- Special Interest Group on Mindfulness
  - Positive feedback, CE
  - Adding one additional mindfulness group for children
  - Not a lot of organization required

#### **Agenda Item 4: Disaster Response Committee Report**

- January and February updates
  - 2 year memorial event for debris flow “Raising Our Light”
    - Dr. Brooke Sears volunteered
  - Involved in supporting deaths in elementary (Junior at DP died), 2 parents died in hit and run (DP student)
- Upcoming Office of Emergency Management meetings
  - Invited to table events - planning how to improve these centers
  - Big step, important relationship to build
- Online PFA training for members
  - Dr. Karen Lehman to send out information to members
  - Members have opportunity to be trained so they can assist in emergency
  - Possibility of live PFA training (Gill Reyes lead in past)
- SB Independent insert on Disaster Preparedness
  - SBCPA mentioned in Preparedness in Independent

#### **Agenda Item 5: Local Advocacy Network Committee Report**

- CPA/LAN call took place on January 31st and February 12, 2020
- Bills to be sent by CPA the end of day on Feb. 28th for feedback from chapters by March 10, 2020.
- CPA is seeking more students to attend Lobby Day. Twenty spots left. Free. Spread the word. Amanda Levy from CPA will send a link.
  - In Sacramento
  - Not just students, all welcome
- Next CPA/LAN call March 4, 2020
- Still need to secure a date for Meet and Greet. Dr. Betsy Bates Freed offered home. Dr. Kimberley Taylor offered contact (Hannah Beth Jackson).
  - Possibility of April 2020
  - Dr. Kimberley Taylor provided information on availability of Hannah Beth Jackson
    - Dr. Kimberly Taylor posed the question of what we are requesting of Hannah Beth Jackson and Dr. Megan Donahue suggested the topic Dr. Taylor suggested in previous board meetings of how we can advocate as professionals and an organization.
- LAN Leadership & Advocacy Day March 15, 2020 in Sacramento
  - Drs. Megan Donahue & Juliet Rohde-Brown & Student Representative Oriana McGee attending
- Lobby Day March 16, 2020
  - Drs. Megan Donahue & Juliet Rohde-Brown, Student Representative Oriana McGee plan to attend both days

- Others are welcome to sign up for Lobby Day
- Updates on jails, housing project

### **Agenda Item 6: Treasurer's Report**

- Update on Installation Brunch
  - The attendance and fiscal impact of an Installation Brunch is working financially (less expenses than dinner and comparable/improved attendance)
  - Dr. Eric Nelson provided historical context of concern in moving the event to a weekend day as compared to an evening
- Budget update
  - \$23,000 across both accounts
    - Dr. Eric Nelson to review revised budget at retreat
    - Dr. Eric Nelson indicated that with this "solid" budget there may be opportunities available for upcoming year

### **Agenda Item 7: Student Representative's Report**

- Oriana McGee discussed need to gather information on how to obtain student member roster
- Oriana McGee to get update from previous representative on how to get in touch with student members
- Dr. Megan Donahue updated that she would disseminate previously created documents that provide job description of SBCPA board member positions
  - Discussed hope that these documents would be updated each year
- Dr. Hallie D'Agruma discussed coffee hours that had been offered in the past as viable option for student events

### **Agenda Item 8: Secretary's Report**

- Dr. Avery Voos had no update

### **Agenda Item 9: Continuing Education Committee's Report**

- Dr. Hallie D'Agruma provided update on one CE Event this year (self-care); well attended
- Dr. Hallie D'Agruma discussed possible CE Events:
  - March 2020 CE event on sex trafficking
  - Dr. Michael Bailey on Anxiety (April or May)
  - Dr. Steve Smith on Evidence Based Practice
  - Divorce and Custody - Clinical Issues
  - Dr. Chuck Lepkowsky - Older Adults
  - Colleague of Dr. Juliette Rhode-Brown- Jungian Topic
  - Dr. Hallie D'Agruma shared that she has reached out to several people about working with transgender community
  - Possibility of an Implicit bias training - Dr. Jill Sharkey has developed advanced training for mental health professionals (Just Communities)
- Dr. Hallie D'Agruma wrote to CPA about CE presenters inquiring whether they need PhD to get CE credits
- Dr. Anna Krasno offered that Max Rorty, MFT offered wonderful presentation at SB Neighborhood Clinics on gender non-conforming/transgender
- Discussed venue options
  - Drs. Dean Givens and Winifred Lender have offered their homes, but want to be mindful not to overload

- Possibility of using office suites
- Mindful of offering geographic diversity for events
- Dr. Hallie D'Agruma to offer further discussion about days/times of CE events at the retreat

**Agenda Item 10: Website Committee's Report**

- None from Website Chair.
- Dr. Kimberley Taylor noted that there are two places on the website that need to be changed to reflect updated board. Dr. Megan Donahue shared that she asked Website Chair Dr. James Fortman to try to avoid including email addresses on the webpages and instead link to board members' internal profiles on the "Find a Psychologist" page.

**Agenda Item 11: Media & Public Relations Committee Report**

- Sent press release on Installation Brunch and Legacy Award Winners
- Some difficulties with follow up if press releases are being published in media

**Agenda Item 12: Membership Committee Report**

- Membership-18 members have not renewed; we are currently at a total of 127
  - Dr. Anahita Holden discussed the possibility of contacting all of them individually to encourage them to renew, reminding them about the perks of membership.
  - Wanting to know what next steps
  - Possibility of contacting directly those who have not
  - Check in with Wild Apricot on list (audit to make sure adequate)
  - Check in with members directly
  - Plan: Clean list, split up list to support Anahita
- Breakfasts- Dr. Cecile Lyon has kindly organized for different board members to host the 4 breakfasts of the year. I have provided a checklist for each hostess to follow along with.
- Question for Dr. Eric Nelson about payment for breakfast
  - Eric recommends that each person who hosts breakfast pay with credit card and keep receipt to be reimbursed
    - Drs. Eric Nelson and Megan Donahue have SBCPA credit card if necessary
  - Dr. Anahita Holden to create invitations for breakfast
  - Dr. Kimberely Taylor inquired about what hosts need to do for each breakfast
  - Dr. Anahita Holden to share breakfast checklist with board members
  - Dr. Eric Nelson to look into and get directions on how to check on finances of membership

**Agenda Item 13: Social Committee Report**

- Drs. Anna Krasno and Besty Bates Freed having lunch on 2/28/20 to discuss social events for the year

**Agenda Item 14: Ethics Committee Report**

- None

**Agenda Item 15: President-Elect's Report**

- None

**Agenda Item 16: Meeting Adjournment**

- Meeting adjourned at 9:26AM