

President: Pati Montojo, Ph.D.
President-Elect: (position not filled)
Treasurer: Megan Donahue, Ph.D.
Secretary: Aubrey Toole, Ph.D.
LAN Representative: Anna Krasno, Ph.D.
Student Representative: Erin Ginder-Shaw
Past President: Annika Okamoto, Ph.D.
Diversity, Inclusion and Social Justice Chair: Christina Aguirre-Kolb, Ph.D.

**Santa Barbara County Psychological Association
Board Of Directors Meeting
Minutes**

Regular Board Meeting via Zoom

**January 18, 2024
8:45AM to 10:00AM**

Agenda Item 1: Call to Order and Review of Minutes

- Dr. Montojo called the meeting order (8:47am), took attendance and evaluated the quorum. A quorum was established.
- Twelve members were present: Drs. Anna Krasno, Pati Montojo, Aubrey Toole, Hallie D'Agruma, Cortney Warren, Dara Goldyne, James Fortman, Christina Donaldson, Christina Aguirre-Kolb, Annika Okamoto, and Lauren Guy Riley, as well as student representative Erin Ginder-Shaw.
- Review of December 2023 minutes
 - Dr. Anna Krasno motioned to approve, Dr. Montojo seconded, all approved. Motion passes.

Agenda Item 2: President's Report

- Welcome new board members
- Introductions
- CPA President Chapter Meeting update
 - Discussed issue of unfilled president elect position and how other chapters have managed this
 - Discussed issues of burnout in psychologists and resource of CARE (Colleague Awareness Resources and Education) which is to support the wellness and resilience of California's diverse professional psychology community

- Dr. Montojo would like to organize an in-person retreat and will send an email gauging interest and availability, while also considering accessibility
- Guest speaker, Kristen Sullivan, Ph.D., Executive Director, The Towbes Foundation presented to the meeting briefly:
 - Looking for 2-3 psychologists to share insight on barriers to accepting private insurance (can do via Zoom or questionnaire); Drs. D'Agruma and Donaldson volunteered to participate
- Dr. Montojo will talk with Dr. Donahue about each committee's budget
- Dr. Montojo will send an email about a possible Wild Apricot training

Agenda Item 3: President-Elect's Report

- Position not filled; please share with colleagues. If colleagues are concerned about the time commitment, convey that the position and time commitment is modifiable

Agenda Item 4: Past President's Report

- No report

Agenda Item 5: Treasurer's Report

- No report

Agenda Item 6: Secretary's Report

- Dr. Toole shared with new members the procedure for adding items to the agenda (which is typically shared a week prior to the next meeting) and requested that agenda items be added the day prior to the next meeting

Agenda Item 7: Student Representative's Report

- No report

Agenda Item 8: Continuing Education Committee's Report

- Dr. Warren has been connected with prior CE Committee chairs and will follow up with them to discuss the plan for the year and any already scheduled or in process events.

Agenda Item 9: Disaster Response Committee's Report

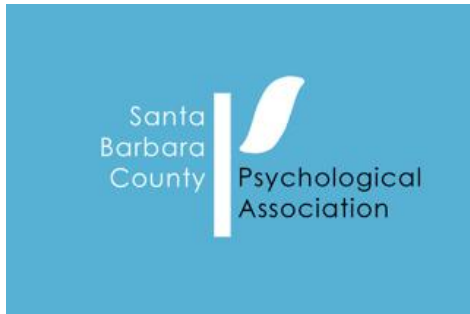
- No report

Agenda Item 10: Media & Public Relations Committee's Report

- No report

Agenda Item 11: Membership Committee's Report

- Dr. Goldyne has been on boarded by Dr. Strauss and has been coordinating membership renewals. Dr. Goldyne has observed that some members have successfully renewed, but then received a notification that they still needed to renew. Dr. Fortman will look into this issue.
- Discussed ensuring that members are paying the correct membership level. Dr. Strauss did an audit of this last year.



- Dr. Fortman mentioned making sure that past board members are no longer listed as board members. Dr. Goldyne will look at who is registered as a board member and invoice those who perhaps incorrectly were renewed without being charged. Dr. Fortman will remove admin privileges of past board members.
- Also discussed automatic emails that are now out of date. Dr. Fortman shared screen and showed Dr. Goldyne how to modify this.

Agenda Item 12: Local Advocacy Network Committee's Report

- No report; first LAN rep CPA meeting is this Friday at 8am.

Agenda Item 13: Social Committee's Report

- No report. Dr. D'Agruma echoed importance of getting budget from Dr. Donahue and consulting with past board members about positions during this transition.

Agenda Item 14: Ethics Committee's Report

- Dr. Donaldson shared a Continuing Professional Development (CPD) Informational Webinar January 22nd 2024 (1-4pm). Go to www.psychology.ca.gov to sign up 3 hours of credit towards Law and Ethics.

Agenda Item 15: Website Committee's Report

- Dr. Fortman shared how board members can log in to Wild Apricot.
- See Membership section above for additional website tasks discussed.

Agenda Item 16: Diversity, Inclusion and Social Justice Committee's Report

- First meeting of 2024 is next Monday at 7pm. If anyone would like to join, email Dr. Aguirre-Kolb for the Zoom link.
- Dr. Aguirre-Kolb is looking into ways to further spread the word to prospective students about the SBCPA Student Equity Award.
- Dr. Montojo mentioned decision to be made about whether past recipients can re-apply for the award.

Agenda Item 17: Meeting Adjournment

- The meeting was adjourned at 9:43am.