



President: Megan Donahue, Ph.D.  
President-Elect: Katherine Olson, Ph.D.  
Treasurer: Eric Nelson, Ph.D.  
Secretary: Avery Voos, Ph.D.  
LAN Representative: Juliet Rohde-Brown, Ph.D.  
Student Representative: Oriana McGee, M.S.  
Past President: Winifred Lender, Ph.D.

**Santa Barbara County Psychological Association  
Board Of Directors Meeting  
Minutes**

**Virtual Board Meeting**

**April 9, 2020  
8:15AM to 9:30AM**

**Agenda Item 1: Call to Order and Review of Minutes**

- Call to order at 8:21AM
- Attendance and evaluation of quorum: Drs. Kimberly Taylor, Avery Voos, Megan Donahue, Anahita Holden, Anna Krasno, Brooke Sears, Hallie D'Agruma, Eric Nelson, Winifred Lender, Karen Lehman, Katherine Olson, Christina Donaldson, and Juliet Rohde-Brown and Student Representative Oriana McGee.
- Review of March 2020 Minutes.
  - Dr. Winifred Lender motioned, Dr. Megan Donahue seconded, all approved. Motion passes.

**Agenda Item 2: President's Report**

- Discussed Altered/Flexible Planning for the year
- Dr. Megan Donahue provided a report from the CPA meeting with different chapter presidents from this week.
  - Update that we can submit paperwork for CE events, but can't expedite the process.
  - Trying to determine if we can share CE events / webinars with other chapters.
  - CPA to provide information on how to host ethical virtual events.
  - CPA discussed burnout among board members
  - CPA likely to put convention virtually; loss of revenue.
- Want to determine budget for CE's, capping virtual CE's

**Agenda Item 3: Disaster Response Committee Report**

- CWT updates
  - Created a website with local resources and developed a call-in line.
  - Drs. Brooke Sears and Karen Lehman triaging call ins- link people to clinicians.

- People accessing CWT are more vulnerable and are more high risk.
- CWT and 211 can provide support for financial concerns.
  - Utility and rent moratorium for people who can't pay bills.
  - Dr. Karen Lehman to send out email about resources.
- CWT organizing shorts videos on relevant topics (stress, insomnia, parenting)
- Dr. Kimberly Taylor offered support.
- Dr. Juliet Rohdes-Brown inquired about joining 7:30AM CWT calls.
- APA/CPA/BOP updates
- COVID-19 Task Force updates
  - Priorities: 1) Provide information and support for the SB CPA members, 2) information and support for the SB community.
  - Communication to members from different organizations.
    - Setting up HIPAA compliant platforms
    - Forwarding emails from APA, CPA, Board of Psychology
    - Survey to see who is available to do telehealth
    - Providing Zoom conferences weekly
    - Weekly newsletter
    - Share resources that have been created by other organizations
    - Dr. Megan Donahue discussed topics for Saturday Zoom (Domestic Violence, finances)
    - Dr. Kimberly Taylor discussed helpful ways to connect with clients on Zoom

#### **Agenda Item 4: President-Elect's Report**

- Brought up privacy concerns about Zoom
  - Dr. Megan Donahue to update SB CPA calendar with Zoom link.

#### **Agenda Item 5: Past President's Report**

- No items to report

#### **Agenda Item 6: .Treasurer's Report**

- Budget Update
  - \$23,000 in account
  - Not dependent on large CE events. No pressure to pull off some large event due to COVID-19.
  - Keep cap on CE virtual events (\$15 / member for 1.5 CE).
    - Dr. Megan Donahue discussed the option of interactive CE events vs. webinars.
      - Live and interactive will provide members with live CE
        - Dr. Karen Lehman shared that there are suspension of live CE requirements.

#### **Agenda Item 7: Secretary's Report**

- Discuss new category for Happenings (Community events/resources)
  - Drs. Avery Voos, Megan Donahue and Christina Donaldson to discuss further and make an additional category.

#### **Agenda Item 8: Student Representative's Report**

- Emailed current student members (14)
- Found member that had joined but had not paid (Veronica Franco)
  - Dr. Eric Nelson to follow up about unpaid dues.



- Discussed difficulty getting refund for flight to CPA event in Sacramento.
  - New SBCPA policy to buy flights directly through airlines was discussed.

#### **Agenda Item 9: Website Committee's Report**

- Website update for COVID-19 resources
- Contacting web designers for site redesign
  - Drs. Megan Donahue and James Fortman are pursuing other options for website designers for Wild Apricot.

#### **Agenda Item 10: Continuing Education Committee's Report**

- Waiting for approval for Michael Bailey's presentation
- Looking into changing topics to what is happening currently with COVID-19

#### **Agenda Item 11: Membership Committee Report**

- Pause on networking breakfasts
- Dr. Karen Lehman offered idea of using Zoom for breakfasts
- Dr. Megan Donahue discussed possible discounted membership

#### **Agenda Item 12: Local Advocacy Network Committee Report**

- LAN meeting for California reps on Friday, April 17th, to discuss updates on lobby bills and COVID-19 responses.
- Meet and Greet was to take place on May 1st.
  - Discussed if an online (Zoom) option would be desired.
  - To think through how to move forward with this event or not.
- Discussed possibility about event / discussion on prejudice as result of COVID-19.

#### **Agenda Item 13: Social Committee Report**

- No social events planned currently
- Open to schedule Zoom event but want to be mindful of difficulty of recreating social events
- Dr. Christina Donaldson offered idea of social "wellness" check for members
  - Using excel spreadsheet.

#### **Agenda Item 14: Ethics Committee Report**

- No report

#### **Agenda Item 15: Media & Public Relations Committee Report**

- Press release published by the Coastal Times

#### **Agenda Item 16: Meeting Adjournment**

- Meeting adjourned at 9:33AM